



Annual Members' Meeting 2019

Thursday 3 October 2019 between 17:45 – 20:00

Doors open 17:15 for refreshments and to view service stands
The Wellcome Collection, 183 Euston Road, London NW1 2BE

You are
invited!

Come along and...

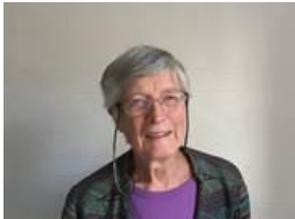
Hear what we achieved in 2018/19 and our exciting future plans

Hear our VIP guest speaker, Professor Sir Simon Wessely, talk about the future of mental health care, he will also take your questions

See our Trust choir perform

Enjoy free refreshments

All welcome. Please RSVP: communications@candi.nhs.uk



Message from C&I's Lead Governor

Our Governors have had a busy year exercising one of their statutory functions appointing four new Non-Executive Directors (NEDs). This was a challenge, yet we were able to appoint excellent candidates, one of whom was from a BAME background, however we lost two from BAME backgrounds. Work continues to improve the diversity of our Board.

Monika Schwartz has ably led the Governors' St Pancras Transformation Working Group, with Governors having attended many meetings about the plans for this exciting venture.

Governors are responsible for a 'Service User Improvement Fund' to improve service users' experience. This year Julia Austin successfully led the development of the Ash House garden.

We have continued to support the Trust Choir, which meets weekly on Tuesday evenings in the Well at St Pancras. Peter Leigh of Key Changes (a charity which brings music in to mental hospitals <http://www.keychanges.org.uk>) manages this.

During Mental Health Awareness week in May, Angela Boon, Head of Communications & Engagement at C&I, with help from Peter Leigh and Governors, successfully organised the first festival of NHS Choirs at the Unison headquarters on Euston Road. We would like to repeat this Trust Choir festival if we can raise the money needed to do this.

The Council of Governors will be beginning the process for appointing a new Chair to replace our inspirational Chair Leisha Fullick who is due to retire from her post.

We welcome your input and feedback so please send these to governors@candi.nhs.uk.

If you have not given us your email address, please do so using the details below so we can communicate with you more effectively and reduce costs:

E-mail: trust.secretary@candi.nhs.uk or

Phone: 020 3317 7368

Keep up to date with the latest Trust news on social media!



@CI_NHS



Camden and Islington
NHS Foundation Trust



Governor Elections' results

Thank you to all of you who participated!

We had a very good turnout for this year's Governor Elections, with each of the public, service user and staff constituencies strongly contested. We are delighted to announce that we have every Governor seat filled!

Newly elected Governors will take up their role at this year's Annual Members' Meeting where we will also be saying farewell to our Governors who have come to the end of their term of office. Find out about your newly elected Governors at: <https://nom.ukevote.uk/candi/documents>

Celebrating the Windrush Generation

The Governors' Service User Improvement Fund sponsored a fantastic event on 22 August!

The Nubian Users' Forum did an outstanding job of organising this great event. The Windrush Generation was celebrated in song, poetry, food and music at this event attended. The event was well-attended by members of C&I and those from our strategic alliance partners, Barnet, Enfield and Haringey Mental Health NHS Trust, as well as members of the public. There was a lovely lunch for the many guests and money was raised for the Windrush Fund.



'Dance for Joy'

Sessions have resumed after a short summer break!

'Dance for Joy', a Service User Improvement Fund programme is back after a short summer break, offering free dance classes for service users, carers and staff as a means to help increase their mental and physical wellbeing. These classes, delivered

by David Brown, Vital Danza's choreographer, are designed to increase mobility, interaction and social connectivity and are customised to each individual so that all abilities can engage.

C&I Star of the Year Awards 2019

A spectacular event on 11 September celebrated the stars of C&I!

Winners of each of the 13 award categories took to the stage to rapturous applause where they were each congratulated on their achievements and accepted a special Star of the Year 2019 trophy and gift voucher. More than 160 staff, service users and volunteers joined in the celebrations. The night included fantastic performances by our Trust Choir and North London band 'The Silencerz' and there was also time to mingle, enjoy a drink and a bite to eat and to have a dance.



Forthcoming C&I 'Mental Health Matters' event

Join us to explore how mental health services need to adapt so that people from black and minority ethnic (BME) communities feel that they work for them.

We'll be discussing what practical measures can be taken at a local level to make services more inclusive and better for everyone. The event will be held from 17:30 on Wednesday 30 October at St Pancras Hospital.



Dates for your diaries:

Annual Members' Meeting

17:15, Thursday 3 October 2019
The Wellcome Collection, NW1 2BE

'Mental Health Matters' event

17:30, Wednesday 30 October 2019
Conference Hall, St Pancras Hospital, NW1 0PE

Council of Governors' Meeting

17:00, Tuesday 10 December 2019
Conference Hall, St Pancras Hospital, NW1 0PE