Islington Drug & Alcohol Treatment Pathways

**Assessment**
- **Drug Referrals**
  - **ISIS**
    - 020 7561 3310
  - **CASA**
    - 020 7833 9899

**Treatment**
- **IDASS - Complex Needs**
  - 020 3317 6240
  - idass.referrals@nhs.net
- **ISIS**
  - 020 7561 3310
  - IslingtonISIS@cri.org.uk
- **PCADS**
  - 020 7272 3070
  - Whh-tr.AlcoholDrugService@nhs.net
- **ISATS - Complex Needs**
  - 020 3317 6650
  - cim-tr.isatsreferrals@nhs.net
- **CASA**
  - 020 7833 9899
  - casa332@blenhiem.org.uk
- **PCADS**
  - 020 7272 3070

**Detox & Rehab**
- **City Roads Detox**
  - 020 7278 8671
  - Drug Referrals Only
- **28B Community Rehab**
  - By Cranstoun
- **Residential Rehab**
- **Community Detox**
- **Long Yard**
  - 020 7404 5980
  - Alcohol Referrals Only

**Recovery Support**
- **SHP: Single Homeless Project**
- **28B**
  - By Cranstoun
- **Mutual Aid**
- **Short Courses**

For Crisis Referrals please see the accompanying narrative.
The Services
IDASS and ISATS stand for Islington Drug Specialist Service and Islington Specialist Alcohol Treatment Service, and are run by Camden & Islington NHS FT (C&I). ISIS is provided by CRI (Crime Reduction Initiatives) in partnership with Whittington Health.
CASA is run by Blenheim.
PCADS stands for Primary Care Drug and Alcohol Service and is run by Whittington Health.

Referrals from Camden and Islington Foundation Trust Services
Although ISIS and CASA are generally the gateway services, service users who are already in treatment with C&I services can be referred directly to IDASS and ISATS. This can be done by telephone or email. Where it is unclear if a referral is needed or there is a specific substance misuse query, please feel free to phone any of the substance misuse services for advice.

Assessment
An initial assessment for people with drug problems can be obtained through ISIS, and assessments for alcohol problems are provided by CASA. Both services will then refer on as appropriate.
The pathway consists of a direct access drug service; ISIS and a direct access alcohol service, CASA, both of which act as entry points to the treatment system for those with a primary substance misuse treatment need. Self-referrals are accepted and drop-in open access provision is available for service users who are not able or ready to engage in appointment based structured treatment. Outreach services provide treatment interventions to vulnerable groups who do not make it into services. These programs also offer specialist interventions via one to one work and a programme of group work. Counselling and complementary therapies are offered on-site to service users.

Treatment
Service users who need low to medium prescribing and psychosocial support can be referred to PCADS. This service operates under a shared care model and offers local residents the opportunity to access support for drug or alcohol misuse issues at their local GP practice. Service users with more complex needs can be referred onto IDASS or ISATS; the specialist complex needs services for drug or alcohol misuse respectively. There are specific referral criteria for these services, and Service users cannot self-refer to these services and there is no drop in provision. These services offer specialist assessment, one to one work including support planning and care co-ordination and a programme of group work. Specialist interventions such as substitute prescribing and dispensing of medication on a supervised basis are provided at both sites. The direct access and specialist services work closely and share resources to some degree. For example, complementary therapies at ISIS are available to service users of IDASS and ISATS. Clinical psychology input from IDASS can be utilised by service users at ISIS when referred by their key worker.

Detox & Rehab
Following community based substance misuse treatment, when a service user is more stable and has started to reduce their substance use or opioid substitution dose, they will be referred on to either community of inpatient detoxification options, followed by community or residential rehabilitation options. Service users are referred to F66 Long Yard for detoxification from alcohol and City Roads for detoxification from illicit or prescribed substances. Change & Recovery @28b consists of two different structured treatment programmes. The day programmes are held for groups of non-abstinent or abstinent service users, either prior to or following on from a period of detoxification.

Recovery Support
A range of aftercare options are offered to people who have been through the treatment pathway. These are focussed on sustaining recovery and consist of: employment support via SHP, aftercare social and employment support at 28B, SMART recovery and other forms of mutual aid including 12 step fellowship meetings, accredited courses such as Intuitive Recovery, and a number of training opportunities.
Assessment for carer's needs is also available within the pathway, with some special interventions available along with access to other support and services.

Crisis Referrals
Drugs: for emergency situations please seek advice from IDASS, who will be happy to offer advice, rapid assessment and access to treatment, including joint assessments with the Crisis Resolution Team and inpatient wards. For evenings and weekends, contact City Roads Crisis Intervention (please note places are limited).
Alcohol: for emergency situations please seek advice from ISATS, who will be happy to offer advice, rapid assessment and access to treatment, including joint assessments with the Crisis Resolution Team and inpatient wards. During evenings and weekends, refer to a local A&E.