

Information Governance Department
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St. Pancras Hospital
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23 March 2015

Reference: 2015-238

Dear 

Re: Information Request – Freedom of Information Act 2000

Following your request for information we received on the 23 February 2015, we are providing you with access to the recorded information held by Camden and Islington NHS Foundation Trust in answer to your enquiry.

You requested the following information:

- 1. “What are the therapeutic modalities used by Camden and Islington NHS Foundation Trust when working with complex PTSD with patients who after a stabilisation phase are deemed ready to engage in trauma processing?”**

Once service users are ready to engage in trauma focused therapy, the Trust offers trauma focused CBT or EMDR, depending on need and service user preference.

- 2. What is the percentage of BABCP Accredited CBT Practitioners working in complex PTSD settings?**

30% of clinicians within the Traumatic Stress Clinic (TSC) are BABCP accredited. All clinicians would be eligible for accreditation but have not undertaken this because of the cost and time implications. All TSC clinicians receive regular supervision with an external BABCP Accredited supervisor with specialist expertise in working with complex PTSD.

- 3. What is the percentage of Accredited EMDR Practitioners working in complex PTSD settings?**

10% of TSC are Accredited and the majority of clinicians not yet accredited are currently working towards this under the supervision of our external consultant.

- 4. Are EMDR Practitioners supervised by an EMDR Consultant? If the answer is positive, then what is the number of EMDR consultants employed by the Trust?**

We all receive regular supervision with an external EMDR consultant and trainer. One team member is a consultant in process and will be qualified as a consultant within the next few months.

- 5. Does the trust aim at providing treatment and supervision by practitioners with CBT and/or EMDR accreditations or is it sufficient for practitioners to be clinical psychologists to provide treatment and supervision when working with complex PTSD?**

A requirement for working within the Traumatic Stress Clinic is for clinicians to be trained and competent in EMDR and CBT, in addition to having experience in working with service users with complex PTSD presentations.

I do hope you are satisfied with the way in which your response was handled, if not you may request an internal review at the above email address within 28 days of this letter. When contacting the Trust please use the above reference that is unique to your request.

If you remain unsatisfied with the outcome of the internal review, you may seek further recourse by lodging an appeal with the Information Commissioner' Office at Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF and on the Information Centre's website. www.ico.gov.uk/

Yours sincerely


Interim Information Governance Officer