CHIEF EXECUTIVE’S REPORT

GENERAL UPDATE

International Nurses Day
On 11 May 2018 the Trust held a celebration coffee morning to mark the birthday of Florence Nightingale. The aim was to raise money for the Edith Cavell Trust which is a charity that supports nurses facing financial hardship. Nurses from across the Trust gave a reflection on their nursing career and hopes for the future. There were various activities to raise funds for the Edith Cavell Trust. The main aim of the day was to celebrate the outstanding contribution that nurses make to the Trust and the work of the Multi-Disciplinary Team. This inspiring event enabled the Trust to raise over £250 through a cake auction and sweepstake.

Mental Health Lounge
In response to increasing numbers of patients attending the Whittington Hospital with mental health needs, C&I and Whittington Health have co-developed a Mental Health Lounge on the Whittington site. The lounge provides a calmer environment where patients can be assessed, appropriately discharged or await transfer for on-going care away from the hustle and bustle of Emergency Dept. The two trusts recognised that a busy Emergency Department is not the appropriate place to support mental health patients and have developed this initiative based on advice from the Emergency care Improvement Programme (ECIP).

The lounge which is staffed by C&I staff opened on 21 May 2018 and is currently operating from 8am to 8pm but will move to 24/7 in coming months. Referrals will be managed by the Emergency Department staff at the Whittington Hospital.

This is the latest step in our growing partnership with Whittington Health and our ambition to join up provision of physical and mental health care.

The Clinical Senate
The Clinical Senate visited the Trust for a whole day on 15 May 2018 to review the scope of the St Pancras programme. Their review is a mandated and critical requirement before the public consultation. They interviewed a number of individuals and groups including the Medical Director, Chief Executive, clinicians, service users, commissioners and the local authorities.

The verbal feedback was broadly positive highlighting issues around change management capacity and timing of changes as areas for attention. We expect a written report shortly.

Compliment
We do receive a steady number of compliments regarding our services, however Governors may be particularly pleased to hear that a recent carer wrote commending our Crisis Teams and staff on Opal Ward; particularly their caring approach and their hard work enabling a service user to remain stable for a considerable time.
Camden Health Overview Scrutiny Committee re CQC report

The Trust attended Camden Health Overview Scrutiny Committee and presented the 2018 CQC report. The Chair Councillor Alison Kelly, wished to convey her thanks all the staff at the Trust for their hard work and complimented us on the favourable report.

Councillors asked questions specifically about the safety domain, staff training and caseloads and were briefed on work that has been undertaken since the inspection.

Councillor Alison Kelly concluded with agreeing action; that C&I would work closely with Healthwatch and the lead councillor for Mental Health, Nazmz Rahman, in terms of better understanding the voice and experience of Camden residents who use Mental Health Services.

St Pancras Consultation

The Public Consultation for the Trust’s site redevelopment proposals launched on Friday 6 July. Two public meetings have taken place – one in Islington at Lowther Road on 11 July and the second at St Pancras Hospital on 19 July.

In addition, the senior leadership team will be outlining the proposals to redevelop the St Pancras site and relocate inpatient services to service users, staff, families, carers and local residents at a series of meetings planned for the coming months.

The consultation period, which has been extended a fortnight to take account of the summer holiday period, ends on 12 October. Camden and Islington CCGs will consider the responses to the proposals at their Governing Body meetings in November.

New mentoring programme to help reduce mental health crises

C&I has been named as one of four trusts who will be working innovatively alongside police officers to help reduce the high level of mental health crises experienced by some service users.

This new way of working is part of the SIM London project, which enables a mental health clinician and Metropolitan police officer to work together by providing the best clinical and compassionate care, while also assisting with setting boundaries.

C&I’s SIM site launched at the end of April and is initially focusing on service users in the Personality Disorder Community Team. Response plans will be created by the service user, police officer and mental health clinician to help reduce high frequency crises and detentions under Section 136 of the Mental Health Act.

Transcranial Magnetic Stimulation service

Dr Mo Abdelghani has been instrumental in establishing our Transcranial Magnetic Stimulation service. In May 2018 he attended the Clinical TMS Society annual meeting in New York. He received the President’s Award 2018 for his work in the society since he was elected as one of the directors last year.

Red to Green update

Red to Green has now been in operation for one year. It is a focus on eliminating patient time that is of limited or no value. Over its first year in operation we have achieved significant reductions in patients placed out of area and associated spend and strengthened links between wards and community teams, aligning each ward to one core team, thus supporting improved communication and decision making.
Despite progress made through Red2Green, in common with other health and mental health services, we have remained under pressure in respect of bed capacity and to meet demand. Within the last month, on 9 - 10 of July we experienced an increased demand for male beds at a time where there were fewer discharges. This coincided with a high national usage of private beds, meaning that for a period during 9 – 10 July we were also unable to secure male private beds. This resulted in several male patients experiencing extended waits for admission to C&I beds from local Accident & Emergency departments. All patients were supported by C&I Liaison Services in Accident & Emergency and moved to appropriate accommodation at the earliest opportunity and without incident. C&I also ran an internal Gold command process through this period to oversee the process.

We continue to focus on how we can improve patient flow through the system. In particular currently focussing on patients staying over 50 days where we are seeing slower progress than we would have hoped.

The Executive Team recently reviewed the next steps on Red2Green focusing on how we can support the journey moving forward especially looking at longer stay patients. We have therefore approved additional investment in Pharmacy and OT support. Both groups are key to improving outcomes for patients with Pharmacists reviewing medication and ensuring patient medication and prescribing are optimised and the additional OT support focusing on supporting patients to develop, regain and retain independence. There is good evidence nationally that this type of support reduces the time people need to spend on an acute ward.

**Stacey Street Nursing Home**

Following confirmation by Islington CCG that their governing body had ratified the plan to close of Stacey Street Nursing Home transfer of services to St Anne’s Nursing Home, Durham Road in Finsbury Park, C&I have continued to work with the CCG to facilitate safe transfer of patients to the new provision. C&I is committed to providing high quality care until the unit closes, and a wide range of activities are being delivered every day. Preparations for Christmas are already under way with a visit to the Royal Albert Hall planned.

Stacey Street has 19 beds but has been operating with 15 residents over a number of months in order to facilitate a more straightforward transfer to the 15 additional beds at St Anne’s. C&I has now been informed that the likely closure and transfer date will be in March/April 2019 against an initial plan of September 2018. This uncertainty is not ideal and has been raised with commissioners.

The Chief Executive and Director of Nursing visited Stacey Street on 30 August and were impressed by the dedication of the staff who are demonstrating significant commitment to the service users and their families, many wishing to stay until the unit closes to ensure continuity of care. Recognising that the uncertainty in respect of dates has been unsettling for staff, they are also being supported by their managers and divisional team. The Trust is committed to retaining staff where possible to do so. They have requested though that a career clinic be held at Stacy Street to help them appraise their personal employment situations. This is being arranged by HR.
MEDIA PROFILE

Media coverage on local mental health beds

In early May, the Islington Gazette featured a front page story on the delays mental health patients face in a local emergency department when waiting for a bed. This follows an independent review into mental health care at the Whittington Health hospital after the deaths of seven patients between November 2014 and December 2016. Whittington Health’s statement, which was included in the article, highlighted that they are opening a new suite with C&I to help keep sectioned patients safe while they are in A&E. C&I was not approached for comment.

Japan visit

A delegation of senior Japanese medical directors, chief nurses and officials visited the Trust on 10 July 2018 to learn how we deliver mental health care, particularly in the community, as part of a major review and reform of Japan’s health system.

The 15-strong delegation spent a morning at our Highgate site to hear more about some of our key initiatives and to visit a specialist wellbeing clinic and the Occupational Therapy Department. We have sent a press release about the visit to local media.

Hunt Visit

On one of his last visits before taking up his new role as Foreign Secretary, Jeremy Hunt attended a special patient safety summit at our St Pancras Conference Centre.

The visit was part of a long-running programme of presentations to NHS trusts, emphasising the priority placed on patient safety and to provide an update on progress from his perspective.

After listening to Trust Medical, Dr Vincent Kirchner’s update on our improved performance as a Trust in the last two years, Mr Hunt explained how an organisation’s culture and safety record were inextricably linked. A lively Q&A session with staff then followed, with questions covering topics including QI, staff retention and pay.
**Professor Wendy Savage, C&I Governor, wins prestigious award for her contribution to health**

Wendy Savage has won a major award for “Outstanding Contribution to Health” from the BMJ, formerly known as the British Medical Journal.

As a former obstetrician and gynaecologist and a long-time supporter of C&I as a resident of Islington, Wendy was awarded the honour for her outstanding contribution to improving health and healthcare in the UK.

Wendy has worked for decades championing women’s rights in fertility, abortion and childbirth and is also President of the “Keep our NHS Public”, a pressure group that opposes private contractors providing NHS care.

She has been actively involved with the General Medical Council and British Medical Association for many years.

Wendy was presented with her BMJ award at an annual awards ceremony at the Park Plaza Hotel, Westminster.

**The imagination of service users depicted through art**

Around 60 art exhibits reflecting the different life experiences, thoughts and insights of service users at our Isledon Road Recovery Centre are currently on display at a special public exhibition.

The "Imaginings" exhibition showcases a variety of artworks, including many abstract paintings, by 25 service users, including service user Cheryl Tscherewi, who regularly attend the building’s Creativity Centre. The Centre puts a special emphasis on the value of art for therapy and wellbeing. Click here to see the story that the Ham and High newspaper has posted on its website.

**NHS 70th birthday event**

Celebrations included tea parties across the Trust. Money raised will go to the Trust’s new re-launched charity.

Staff, including Trust Chair, Leisha Fullick and Myra Whyskar, Induction and Core Skills Manager, pictured left, also attended two special services at York Minster and Westminster Abbey.

Five Trust staff took part in an NHS England celebratory video, showcasing employees talking about their commitment to the Health Service and their feelings about this very special birthday. Click on the link to watch the video:

[https://www.youtube.com/watch?v=eaF00HtKugs&feature=youtu.be](https://www.youtube.com/watch?v=eaF00HtKugs&feature=youtu.be)
BBC London latest media outlet to cover initiative

The work we do offering mental health support for gang members to enable them to move away from damaging lifestyle choices continues to receive high profile media attention.

BBC London interviewed Dr Jeff Halperin, our lead psychologist, on how addressing issues of low self-esteem, depression and anxiety may provide a solution.

Below is a link to a three minute piece broadcast on the TV channel at lunchtime on 7 June 2018

https://www.bbc.co.uk/iplayer/episode/b0b57hsx/london-news-lunchtime-news-07062018

Chelsea Flower Show

The specially-designed "Feel Good" garden that our Trust won in a national competition run by the Royal Horticultural Society (RHS) was unveiled at The Chelsea Flower Show and was visited by the Duchess of Wessex and Prime Minister Theresa May on its opening day.

The garden has been created by renowned designer Matt Keightley in a joint venture between the RHS and the NHS to mark the health service's 70th birthday. Service users and staff (pictured left) helped put the finishing touches to the garden the day before and were full of praise for the way it was designed.

C&I beat fierce competition from 38 other mental health trusts in England to win the garden that will be transported to space between Pearl and Garnet ward at Highgate Mental Health Centre, in the next month or so. There will be an official opening in the autumn.

STAFF APPOINTMENTS AND CHANGES

Dr Quentin Huys has been appointed to the post of Clinical Senior Lecturer in Computational Psychiatry - this is a joint appointment with UCL. He will do his clinical sessions in CDAT.
SERVICE VISITS
Islington Drugs and Alcohol Services
Whittington Liaison Team (S136 Suite)
Highview Residential Rehabilitation

CEO STAKEHOLDER MEETING
Cavendish Square Group
Camden Council Section 75 Annual meeting
C&I and London Borough of Camden Partnership
NCL Mental Health STP Board
NCL Chief Executive Provider meeting
NHSI oversight meeting
Secretary of State for Health & Social Care Roundtable
Service User Chairs’ meeting
St Pancras Site Stakeholder Strategy Reference Group
UCLP Executive
Wellbeing Partnership Informal Sponsor Board
Women’s Mental Health Taskforce