

**GUIDANCE FOR MANAGEMENT OF PATIENTS WITH MENTAL HEALTH PROBLEMS**

**Patient presenting to GP with suspected Mental Health presentation:** undertake brief mental health and physical health assessment to establish need and appropriate service to refer to: 1<sup>st</sup> line considerations in line with NICE guidelines for Primary Care. Most common presentations will be for relationship difficulties/mood instability/anxiety/depression. 1<sup>st</sup> line referrals to iCope or TAP. Also consider 1<sup>st</sup> line treatments of SSRI

Presentation	Crisis presentation: Risk to themselves and/or to others and requiring immediate attention	Common mental health conditions Anxiety, Depression, OCD, Body dysmorphic disorder Pre/Post natal depression, PTSD, Social isolation, Relationship difficulties, Persistent pain or MUS	Psychosis If 1 <sup>st</sup> episode refer to Early Intervention in Psychosis service If known previously/ ongoing, recurrent psychosis then refer to RR Team	Patient requiring an assessment for an emerging mental health problem which has not responded to 1 <sup>st</sup> line referral to iCope or TAP +/- 1 <sup>st</sup> and 2 <sup>nd</sup> line SSRIs.	Substance and/or Alcohol Misuse	Dementia	Social Care needs Safeguarding
Refer to:	<p><b>Camden Crisis Resolution Home Treatment Team</b> <b>0203 317 6333</b></p>	<p><b>Camden iCope</b> 0203 3176 670 <a href="mailto:cim-tr.icopecamden@nhs.net">cim-tr.icopecamden@nhs.net</a></p> <p><b>OR</b></p> <p><b>TAP</b> 020 8938 2703 or email <a href="mailto:TAPAdmin@Tavi-Port.nhs.uk">TAPAdmin@Tavi-Port.nhs.uk</a></p>	<p><b>Early Intervention in Psychosis Service (Camden)</b> <a href="mailto:cim-tr.CamdenEIS@nhs.net">cim-tr.CamdenEIS@nhs.net</a> <b>020 3317 6590</b></p> <p><b>North Camden R+R Team(The Hoo)</b> <a href="mailto:cim-tr.northcamdenrandr@nhs.net">cim-tr.northcamdenrandr@nhs.net</a> <b>020 7685 4600</b></p> <p><b>South Camden R+R Team(Peckwater)</b> <a href="mailto:cim-tr.SCRR@nhs.net">cim-tr.SCRR@nhs.net</a> <b>0203 317 6700</b></p>	<p><b>Camden Assessment and Advice Team</b> 0203 317 7300 <a href="mailto:cim-tr.aat-referrals@nhs.net">cim-tr.aat-referrals@nhs.net</a></p>	<p><b>Integrated Camden Alcohol service (iCAS)</b> <b>7-8 Early Mews, Arlington Rd, NW1 7HG</b> 020 3227 4950</p> <p><b>Camden Drug Services North:</b> 020 3317 6400 <a href="mailto:cim-tr.response@nhs.net">cim-tr.response@nhs.net</a></p> <p><b>Camden Drug Services South:</b> 020 3317 6000 <a href="mailto:cim-tr.scds@nhs.net">cim-tr.scds@nhs.net</a></p>	<p><b>Camden Memory Service</b> 020 3317 6700 <a href="mailto:cim-tr.camdenmemoryservice@nhs.net">cim-tr.camdenmemoryservice@nhs.net</a></p>	<p><b>Access and Response Team (LOCAL AUTHORITY)</b> 020 7974 4000 (Access and Support Team)</p> <p><b>Out of hours</b> 020 7974 4444 020 7974 5822 (f)</p>
Timeli	Assessment within 24 hours	Assessment within 28 days	Assessment within 28 days	Assessment within 21 days.	Assessment within a week	Assessment within two weeks	<b>Safeguarding: within 72 hours</b>

**Primary Care Based Management and follow-up (GPs)**

- Allocation of Practice based named care coordinator (GPs, PN, Support worker). Each Practice should have a allocated GP with Special Interest in MH where discussion, concerns and risk are raised on a monthly basis or allocated set time.
- Joint Care Planning (GP, Pt & Carers, Secondary Care/ SW (if involved), Local services, any others involved in pts care that they would like to be appropriately involved).
- Antipsychotic / psychiatric meds/ depot injection management and reviews as per NICE guidelines <http://guidance.nice.org.uk/CG178>

**GP Monitoring and review of care plans for patients with mental health problems can be reviewed by any of the identified care co-ordinators**

Frequency	Once monthly	3 monthly	6 monthly	Yearly
Criteria as per: EMISweb, CCG server reporting, Care Planning, NHS Bradford District mental /physical reporting and NICE guidelines	Review Medication Risk assessment	Concordance Following up referrals Risk assessment	Psycho-social assessment: Health and social care Living Financial Factors which may increase risk	Invite everyone on the Register for annual physical / MH review inc. baseline and medication ensure feedback and discussion of results Risk Assessment